

Mack Hack:

How to Make Your Own Mask (2 Ways)

MACK WELDON

We're using our factory and fabric to make hundreds of masks for frontline healthcare workers.

Here's [\[1\]](#) our ready-to-print mask pattern with instructions, and [\[2\]](#) an even simpler alternative, no pattern (or sewing supplies) required.

MACK WELDON

THE WEEKEND PROJECT

This version comes straight from our factory. Perfect for anyone who has time to kill and is up for a challenge.

You Will Need

- 1 pair of boxer briefs or trunks
- 1 mask pattern, printed and cut out (*SEE NEXT PAGE*)
- Woven cotton cloth (*e.g. an old pillowcase*)
- 2 pieces of elastic (*you can use rubber bands, or cut the elastic bands out of the leg openings on the underwear*)
- 1 coated twist tie
- Sewing supplies

STEP 1

Cut the underwear in half, separating the front and back panels. Save the front panel to make a second mask, if you'd like.

STEP 2

Fold the back panel in half so the legs overlap, creating two layers.

STEP 3

Lay the mask pattern over the underwear and pin it through both layers.

STEP 4

Cut around the pattern in both layers at once, leaving a ¼" seam allowance.

STEP 5

Repeat steps 2 and 3 with a single layer of the cotton cloth, which will be used as a middle layer.

STEP 6

Mark sewing lines on all three layers of fabric. Sew the darts closed on each layer.

STEP 7

Use bartacks to attach the elastic pieces at the pattern points on one of the underwear layers.

STEP 8

Use a zig-zag stitch to attach the twist tie over the nose bridge on the cotton cloth layer.

STEP 9

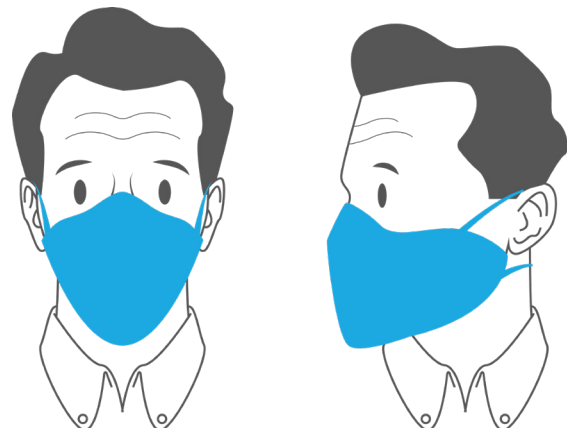
Place all three layers together, with the cotton cloth layer in between the underwear layers.

STEP 10

Sew all three layers together, leaving a 2" opening at the bottom. Turn the mask inside out and topstitch the 2" opening.

STEP 11

Light iron the mask for a cleaner look, if you'd like. You're good to go!



MACK WELDON

Need more guidance? Go to our Instagram account (@mackweldon) for the how-to video.

MACK WELDON

Personal Mask Pattern

Size Medium

2/layer

TOP

**cut two of pattern for two layers*

fold line
dart

SEW LINE (add 1/4" seam allowance)

elastic attached
inbetween layers

elastic attached
inbetween layers

CENTER FRONT

dart

fold line

fold line

dart

fold line

dart

elastic attached
inbetween layers

elastic attached
inbetween layers

fold line

dart

BOTTOM

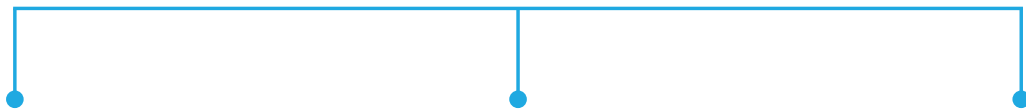


NO SEW, NO PROBLEM

Short on time and/or sewing supplies? This fast and foolproof version is still a step up from using a scarf.

You Will Need

- 1 pair of boxer briefs or trunks



STEP 1

Line up the leg openings on the underwear to create a single, double-layer opening.

STEP 2

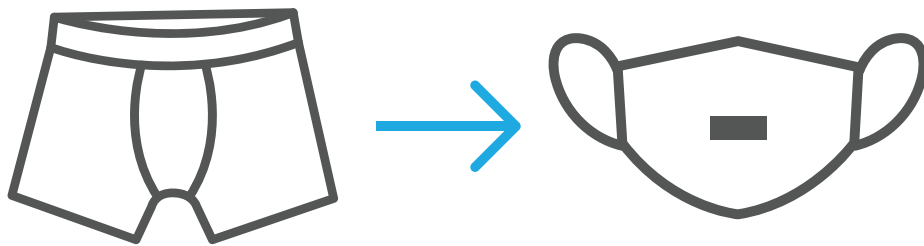
Pull the opening over your head, adjusting it over your nose.

STEP 3

Roll the waistband up and under your chin, then tuck the ends into the back of your shirt.* Zip or button up the front of your shirt to secure the mask. You're good to go!

***This is the only time our no-roll waistband will roll.**

MACK WELDON



Whatever you choose—stay safe,
and be sure to check in with the CDC
for the latest information.

MACK WELDON