

# BEVERAGES

## HOT

espresso <i>double</i>	3
long black	3
hot brew	3
macchiato	3.25
piccolo	3.5
magic	4
flat white	4
latte	4
cappuccino	4
hot chocolate	4
chai latte	4
mocha	4.25
bambiccino	1.5
organic tea	3.75

## COLD

cold brew	4
affogato	4.25
iced milo	4.5
iced latte	4.75
iced chocolate	4.75
aussie iced latte	5.25
seasonal iced tea	3.75

## WELLNESS

matcha   golden   beet	5
<i>make it iced</i>	+1

## MORE

au lait	.25
soy	.5
oat / almond	.75
single origin / large	.5
extra shot	1

# BRUNCH & LUNCH

<b>TOAST BAR</b> <i>your choice of:</i>	3
• Vegemite & butter • almond butter <b>N</b> • jam & butter	

<b>AVOCADO TOAST</b>	8
our classic avocado smash seasoned w/ fresh lemon juice, salt & pepper, chili flakes & olive oil on toasted multigrain bread	

<b>SALMON TOAST</b>	9
smoked salmon w/ cream cheese, dill, cracked black pepper & fresh lemon juice on toasted multigrain bread	

<b>BANANA TOAST</b> <b>N</b>	5.5
fresh banana sliced on toasted multigrain bread w/ almond butter, cinnamon & honey	

<b>ALMOND OATMEAL</b> <b>DF, N</b>	5.5
rolled oats served w/ shredded coconut, dried cranberries & cashew nuts topped w/ steamed almond milk	

<b>BREAKFAST BOWL</b> <b>GF</b>	14
baby kale, cherry tomatoes, feta, avocado, red quinoa & a poached egg	

<b>RAINBOW BOWL</b> <b>GF</b>	14
avocado, carrot, red cabbage, white quinoa, feta, corn salsa, tomatoes, spinach & a poached egg w/ yogurt dressing	

<b>KALE CAESAR</b> <b>GF</b>	14
kale, parmesan, heirloom tomatoes, croutons, a poached egg & BL house-made caesar dressing	

<b>PROSCIUTTO TOASTIE</b>	12
prosciutto, spinach, fresh cut tomato & provolone cheese w/ chimichurri on toasted batard loaf	

<b>CHEESE &amp; TOMATO TOASTIE</b>	10
fresh cut tomato, spinach & provolone cheese on toasted batard loaf	

## ADD ONS

tomatoes 1.5 / feta 1.5 / poached egg 3 / prosciutto 4
smoked salmon 6 / the lot: tomato, feta & prosciutto 3.5

Make any item GF +2 | Dairy Free (DF), Gluten Free (GF) | Contains Nuts (N)